



YSGOL LLANFAES

ALLERGY POLICY

Version	January 2026
Date	5 th January 2026

Policy Revision History

Date	Reviewed by	Date ratified by full GB
13.3.2026	Policy committee	

Ysgol Llanfaes Primary School

Ysgol Llanfaes Primary School recognises that allergies can be serious and, in some cases, life-threatening. This policy has been developed in line with **Welsh Government guidance**, including *Supporting Learners with Healthcare Needs* and the school's statutory duties under the **Education Act 2002, Equality Act 2010, and Additional Learning Needs and Education Tribunal (Wales) Act 2018**.

The school is committed to ensuring that learners with allergies are supported safely and effectively, that risks are minimised, and that staff are clear about their responsibilities. We work in close partnership with parents/carers, health professionals and the local authority

Aims

- To ensure the safety and well-being of pupils with allergies.
- To raise awareness of allergies and anaphylaxis among staff, pupils and parents.
- To ensure clear procedures are in place for prevention and emergency response.
- To promote an inclusive approach so that pupils with allergies are not disadvantaged

This policy applies to:

- All pupils with diagnosed allergies (food, medication, insect stings, latex or other allergens)
- All staff, including teaching staff, support staff, lunchtime supervisors and volunteers
- All school activities, including trips, visits, clubs and residential experiences

Roles and Responsibilities

Headteacher

- Ensure this policy is implemented and reviewed regularly.
- Ensure staff receive appropriate training.
- Ensure suitable procedures are in place for managing allergies.

Governing Body

- Support the school in meeting its duty of care.
- Review and approve the Allergy Policy.

School Staff

- Be aware of pupils with allergies and understand individual care plans.
- Take reasonable steps to minimise exposure to allergens.
- Act promptly and appropriately in the event of an allergic reaction.

Parents/Carers

- Inform the school of any diagnosed allergies.
- Provide up-to-date medical information and medication (e.g. adrenaline auto-injectors).
- Ensure medication is clearly labelled and in date.

Pupils

- Where appropriate, be aware of their own allergies.
- Follow school guidance and not share food.

Identification and Care Plans

- All pupils with allergies will have an **Individual Healthcare Plan (IHP)** or Allergy Action Plan, completed in consultation with parents/carers and relevant health professionals.
- The plan will include:
 - Details of the allergy
 - Symptoms of a reaction
 - Medication required and dosage
 - Emergency procedures
- Plans will be reviewed at least annually or sooner if needs change.

Medication and Emergency Procedures

- Emergency medication (e.g. adrenaline auto-injectors) will be stored in an agreed, accessible location and clearly labelled.
- Staff will be trained in recognising symptoms of allergic reactions and administering emergency medication.
- In the event of a severe allergic reaction:
 1. Administer emergency medication as per the care plan.
 2. Call **999** immediately.
 3. Inform the Headteacher and parents/carers as soon as possible.
 4. Record the incident in line with school procedures.

Food and Allergens in School

Nut-Free School Statement

Ysgol Llanfaes Primary School is a **nut-free school**. This means:

- Nuts and nut-containing products (including peanut butter, Nutella and cereal bars containing nuts) **must not be brought onto the school site**.
- This applies to packed lunches, snacks, cooking activities, celebrations and school events.

This measure is in place to reduce the risk of severe allergic reactions and to safeguard pupils with nut allergies. While it is not possible to guarantee a completely allergen-free environment, the school takes all reasonable steps to minimise risk.

General Food Safety Measures

- The school operates a **no food sharing** rule.
- Staff are informed of pupils with food allergies in their class or care.
- Allergies are considered during:
 - Snack and lunch times
 - Cooking and food-based activities
 - Celebrations, rewards and fundraising events
- Parents/carers are encouraged to check labels carefully and support the school's allergen management procedures.

School Trips and Activities

- Allergy needs will be risk-assessed for all trips and visits.
- Emergency medication will always accompany the pupil.
- Staff leading activities will be familiar with pupils' care plans.

Training and Awareness

- Staff will receive regular training on allergy awareness and anaphylaxis.
- Temporary staff and volunteers will be informed of relevant allergy procedures.
- Age-appropriate awareness will be promoted among pupils.

Inclusion and Equality

Ysgol Llanfaes Primary School is committed to ensuring that pupils with allergies are fully included in all aspects of school life. Reasonable adjustments will be made in line with equality and additional learning needs legislation.

Monitoring and Review

This policy will be reviewed annually or earlier if:

- There is a significant incident
- Guidance or legislation changes

Date approved: _____

Review date: _____

Signed (Headteacher): _____

Signed (Chair of Governors):